## **Activity – Wandering Map Facilitation Guide**

Updated 7/27/2020 Use with Career Exploration Workshop

## **Materials & Prep Needed**

- Blank sheet of paper
- Writing Utensil or various colored pens/markers if possible

## **Facilitation**

- We are going to create what is called a Wandering Map.
- The first thing you are going to want to do is write your name in the center of the page.
- I am going to read off a number of questions and prompts. Around your name you are going want to start to write and record your responses around your name.
- Prompts/Questions to ask:
  - Unique jobs you have had or unusual classes you have taken.
  - o Memorable summer experiences.
  - Things you are proud of.
  - Awards or honors you have won.
  - Things you do in your free time and/or extra-curriculars in which you are involved.
  - o People/Things/Topics in which you follow on social media.
  - o Favorite things about high school and/or college.
  - o Things you value most.
  - O What you would do with \$1,000,000.
  - One word to describe yourself.
  - Valuable lessons you have learned.
  - Objects you enjoy using.
  - o Internships/Volunteer Opportunities/Jobs you have held.
  - o Family or cultural traditions that are important to you.
  - Memorable or meaningful quotes.
  - Anything else that has been particularly important, impactful, or influential that is not already on your map.
- Now that you have your responses on your page, I want you to "zoom out" and look at your map as a big picture.
- Try to identify 3-5 themes or threads of similarity on your map. These themes may be based on interests, skills, values, personalities, etc. As you identify these, use whatever writing utensils you have (pens, markers, colored pencils, etc.) to group items, draw lines, etc.
- **Debrief** (in small groups or partner, if possible)
  - O What was this activity like for you?
  - O What are your initial impressions?
  - O What themes did you identify? Why did they stand out?
    - What do these themes say about who you are or what you want to do?
    - How do you think this theme could be applied to a career?
    - Do you see a thread that follows you from elementary school to college?
    - Is there a pattern to the types of jobs you've held?
    - What might be some of your disparate experiences have in common?
    - What did you learn or what strengths did you acquire by pursuing a particular activity?